The transition from supportive housing and other forms of homeless services to mainstream housing without embedded support services is a critical transition period for persons with histories of homelessness, criminal justice involvement, mental illness, substance abuse, and other prior barriers to housing stability.

**Description:**

Under a grant from the NJ Department of Community affairs, Dr. Tiderington (PI), Dr. Zippay (co-PI), and several collaborators developed a curriculum that provides supervisors and frontline case managers with the skills needed to assist formerly homeless supportive housing residents with the transition from supportive housing to housing without embedded case management support.

Informed by the transtheoretical model of the Stages of Change and the evidence-based practices of Critical Time Intervention and Motivational Interviewing, this curriculum includes transitional skills training on:

- Resolving barriers to mainstream tenancy,
- Housing navigation,
- Enhancing tenancy skills,
- Financial capabilities,
- Linking to formal and informal supports.

**Benefits:**

- Available for immediate use
- Appropriate for supervisors and frontline case managers
- Improved transitional skills self-efficacy

**Inventors**

**Dr. Emmy Tiderington**

Dr. Emmy Tiderington (Ph.D., New York University; B.F.A, M.S.W., University of Michigan) is an Assistant Professor in the Rutgers University School of Social Work and a licensed social worker with extensive direct
practice experience in housing and case management services for individuals with complex needs. Her research focuses on the implementation and effectiveness of supportive housing and other forms of homeless services as a means for ending homelessness and improving outcomes for service recipients.

**Dr. Allison Zippay**

Dr. Allison Zippay (PhD, University of California, Berkeley) is a Professor at the Rutgers University School of Social Work. Her research includes planning and siting strategies for the development of supported housing; community and civic engagement among residents of supported housing; poverty and employment policy; and resource mobilization among poor and low-income groups.